

## **CLUB SHORT COURSE RECORD HOLDERS**

<b>Distance</b>	<b>Stroke</b>	<b>Name</b>	<b>Time</b>	<b>Venue</b>	<b>Year</b>
50	Backstroke	Lewis Bailey	00:28:58	Carlisle	2013
100	Backstroke	Lewis Bailey	01:02:23	Copeland	2008
200	Backstroke	Lewis Bailey	02:14:52	Kendal	2007
50	Breaststroke	Richard Whyte	00:32:06	Barrow	2007
100	Breaststroke	Richard Whyte	01:12:20	Copeland	2004
200	Breaststroke	Richard Whyte	02:41:63	Carlisle	2003
50	Butterfly	Jonathan Cullen	00:27:54	Carlisle	2008
100	Butterfly	Jonathan Cullen	01:00:03	Copeland	2009
200	Butterfly	Isaac Hinde	02:18:09	Carlisle	2018
50	Freestyle	Jordan Cooley	00:24:48	Manchester	2016
100	Freestyle	Jorden Cooley	00:54:76	Kendal	2015
200	Freestyle	Jorden Cooley	02:00:41	Copeland	2016
400	Freestyle	Jordan Cooley	04:20:06	Kendal	2016
800	Freestyle	Isaac Hinde	09:03:75	Copeland	2018
1500	Freestyle	Isaac Hinde	17:09:86	Workington	2018
100	I.M.	Richard Whyte	01:03:10	Copeland	2007
200	I.M.	Jordan Cooley	02:18:47	Copeland	2016
400	I.M.	Isaac Hinde	04:52:67	Copeland	2018
50	Backstroke	Rebecca Wilson	00:31.18	Sheffield	2017
100	Backstroke	Rebecca Wilson	01:08:08	Kendal	2018
200	Backstroke	Rebecca Wilson	02:31:69	Workington	2017
50	Breaststroke	Rebecca Wilson	00:34.19	Carlisle	2018
100	Breaststroke	Grace Newlands	01:15:68	Copeland	2010
200	Breaststroke	Grace Newlands	02:41:02	Copeland	2010
50	Butterfly	Rebecca Amor	00:29:93	Manchester	2018
100	Butterfly	Rebecca Amor	01:05:51	Manchester	2018
200	Butterfly	Anna Newlands	02:26:01	Kendal	2011
50	Freestyle	Rebecca Wilson	00:27:41	Copeland	2018
100	Freestyle	Rebecca Wilson	00:59:38	Copeland	2017
200	Freestyle	Rebecca Amor	02:11:24	Carlisle	2018
400	Freestyle	Anna Newlands	04:38:91	Copeland	2011
800	Freestyle	Becky Williamson	09:37:80	Carlisle	2012
1500	Freestyle	Rebecca Amor	19:33:16	Copeland	2018
100	I.M.	Rebecca Amor	01:08:88	Carlisle	2018
200	I.M.	Grace Newlands	02:27:14	Kendal	2010
400	I.M.	Grace Newlands	05:13:10	Copeland	2010